



Little Pioneer Press



January

Friday, January 9:

- Grade Cards go home
- BUG luncheon

January 12-23:

- PTO Membership Drive

Wednesday, January 14:

- Parent Volunteer Group meeting at 9:00 AM in latchkey room

Thursday, January 15:

- Market Day
- Parent Teacher Conferences, 3:30-6:30 PM

Monday, January 19:

- Martin Luther King Day, No



Welcome Back!

Welcome back to our Little Pioneers and their families! Our staff is anxious to get into the swing of our daily routines and start making progress with our students once again!

Please remember that students may start arriving at 8:40 AM. School takes up at 8:50 AM. PLEASE be on time, because every minute with our student counts.

Also, please remember that you can join your child for lunch, but we do have some rules that apply. Please sign in to the office and get a name tag when you arrive. Get your lunch in the cafeteria by standing in line with your child. You and your child may then proceed to the special designated area for parents and students to eat. We have overcrowding because of the middle school eating lunch during part of the elementary lunch time along with tight schedules. This also helps us identify whose parents are present. Student safety is always first and foremost a priority.

Zane Trace Elementary

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zanetrace.org

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Parent-Teacher Conferences

Thursday, January 15
3:30-6:30 PM

PTO MEMBERSHIP DRIVE



Zane Trace Elementary is having a PTO Membership Drive beginning on January 12 through January 23. Students should ask relatives and other adults they may know to join. Students should not ask strangers. The membership fee is \$1.00 per member. Although the PTO provides scholarships and funds other activities throughout the year, the proceeds of this membership drive go directly to the elementary in order to fund the ZTES Elementary Literacy Night in late March. Please do your part to help our elementary with this activity. Thanks!

Dress Your Child for the Weather



ZTES cold weather policy for outdoor recess is that students will go outside if the temperature is above 25 degrees. This includes the windchill factor. Please make sure that your child dresses warmly when coming to school. If they are riding the bus, you never know when a bus may be a few minutes late as they wait outside in cold temperatures. Hats, gloves, and heavy coats are needed to stay warm on the playground. The wind seems to blow on the playground all year round and in the winter it is biting cold. Indoor recess is observed when the temperature or windchill is under 25 degrees.

Lunchroom



We always enjoy seeing parents at ZTES! Please remember that parents are to eat with their child only. Other children whose parents are not present are *not* to go to the parent/student lunch area.



What Kids Need

Little kids need to be cuddled, played with, talked to, read to, and tucked in at night to be emotionally secure and strong. Big kids need their folks to share activities and meaningful conversations, to attend their events, and, yes, to give them hugs and pats on the back.

When children are getting plenty of parental juice but are still misbehaving, they have somehow misunderstood what they need to do to engage others. Then some remedial work needs to be done. It comes down to these not-so-easy steps:

- 1. Catch them being good.** Give attention for appropriate behavior. Look for opportunities to make a positive comment, to pat a child on the shoulder, to share an activity, and to have a conversation. Fill up the attention hole with good stuff as many times a day as you can. Surely we can all do better than that 3.5 minute daily average!
- 2. Ignore the misbehavior but not the child.** When the child misbehaves, resist the temptation to lecture, nag, scold, yell, or punish. Negative reactions will only keep the negative interaction going. Instead, simply quietly send her to timeout (no more than one minute per year of age). The less talking about the misbehavior, the better. When the time's up, invite her to come back to join the family. Give her reassurance that you know she can behave now. Then find a way to engage with her positively for at least a few minutes before moving on. The same principle holds for older kids. If they won't take a timeout, you can. Withdraw, take a breath, and make a rational decision about appropriate consequences. Institute the consequence without drama and re-engage positively.
- 3. Be consistent.** It's the only way children know we mean what we say.
- 4. Repeat.** Repeat until the child gets it. Repeat whenever misbehavior is more than a momentary lapse. Repeat more than you think should be necessary. Do it until it becomes a pattern of interaction in your family's life.

It's normal to need attention from others. In fact, it's a fundamental human need. Kids who are secure in the knowledge that the adults in their lives are interested in them don't need to act up — at least most of the time. (Everyone can have an off-day now and then.) By filling them up with love and attention and by consistently redirecting negative behaviors, we can help our children learn how to get and give the positive attention that is fundamental to healthy relationships. Not surprisingly, when we parents are so positively connected to our children, we benefit too.

—psychcentral.com

Children need your presence more than they need your presents.